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# GFS Peanut Butter, Cups, 0.75 Oz Each, 200/Case





This smooth, creamy peanut butter offers a quality spread in an individual cup that is ideal for bread, muffins, bagels, and for on-the-go snacking with vegetables and crackers.

- · Individual serving size for portion control
- · Clear plastic cups for product visibility

# **Nutrition**

Based On: AP Peanut, Butter, Cup, GFS Rounding: On

## Ingredients

Roasted peanuts, sugar, contains less than 2% of fully hydrogenated vegetable oils (rapeseed, cottonseed and soybean), salt, molasses. COMMON ALLERGENS PRESENT: Peanut. Nutrition & Ingredient statement updated February 2013. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

## **Nutrition Facts**

Amount Per Serving	
Calories 130	Calories From Fat 99
	% Daily Value *
Fat 11g	17%
Saturated Fat 2.5g	13%
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 100mg	4%
Potassium	n/a
Carbohydrates 5g	2%
Fiber 2g	8%
Sugar 2g	
Protein 5g	10%
Vitamin A IU 0% Vitamin C 0% Calc	ium 0% Iron 2%
* Based on a 2000 calories diet	
Calories Per Gram:	

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# **School Equivalents:**

# Child Nutrition Label No Serving Size n/a Meat/Meat Alternative n/a Fruit/Vegetables n/a Grain/Breads n/a

## Water Soluble Vitamins:

Hilalilli	II/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

# **Updated For New Final Rule:**

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

## Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

# Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0.36 mg
Manganese	n/a
lodine	n/a